

University of Pretoria Yearbook 2017

Basic food preparation 111 (VDS 111)

Qualification	Undergraduate
Faculty	Faculty of Natural and Agricultural Sciences
Module credits	6.00
Programmes	BDietetics
	BConSci Food Retail Management
	BConSci Hospitality Management
	BSc Culinary Science
Service modules	Faculty of Health Sciences
Prerequisites	No prerequisites.
Contact time	1 lecture per week, 1 discussion class per week, 0.5 practical per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Consumer Science

Period of presentation Semester 1

Module content

Module 1: Basic food preparation and food preparation techniques. Mise en place, weighing and measurement techniques, equipment and terminology as applied in food preparation. History of the foodservice industry and contemporary chefs. Basic food quality control.

Module 2: Food preparation basics of the following: stocks, soups and sauces

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